

제 15 장

호르몬요법 중의 문제점과 해결 방안

1. 대한폐경학회. 폐경기 건강. 서울 : 칼빈서적. 1994.
2. American College of Physicians. Guidelines for counseling postmenopausal women about preventive hormone therapy. *Ann Intern Med* 1992; 117: 1038-41.
3. Archer DF, Dorin MH, Heine W, et al. Uterine bleeding in postmenopausal women on continuous therapy with estradiol and norethindrone acetate. *Endometrium Study Group. Obstet Gynecol.* 1999; 94: 323-9.
4. Archer DF, McIntyre-Seltman K, Wilborn WW Jr, et al. Endometrial morphology in asymptomatic postmenopausal women. *Am J Obstet Gynecol.* 1991; 165: 317-20.
5. Barrington JW, Bowen-Simpkins P. The levonorgestrel intrauterine system in the management of menorrhagia. *Br J Obstet Gynecol* 1997; 104: 615-6.
6. Bjorn I, Bixo M, Nojd KS, Collberg P, et al. The impact of different doses of medroxyprogesterone acetate on mood symptoms in sequential hormonal therapy. *Gynecol Endocrinol* 2002; 16: 1-8.
7. Botsis D, Kassanos D, Pyrgiotis E, et al. Vaginal sonography of the endometrium in postmenopausal women. *Clin Exp Obstet Gynecol.* 1992; 19: 189-92.
8. Ettinger B. Vasomotor symptom relief versus unwanted effects: role of estrogen dosage. *Am J Med* 2005; 118: 74-8.
9. Freeman EW, Sammel MD, Liu L, et al. Hormones and menopausal status as predictors of depression in women in transition to menopause. *Arch Gen Psychiatry* 2004; 61: 62-70.
10. Hardy R, Kuh D. Change in psychological and vasomotor symptom reporting during the menopause 2002; 55: 1975-88. *Managing the Menopause. A Practical Guide to HRT.* Novo Nordisk Pharmaceutical Ltd. 1991; 36.
11. Magos AL, Brewster E, Singh R, et al. The effects of norethisterone in postmenopausal women on oestrogen replacement therapy: a model for the premenstrual syndrome. *Br J Obstet Gynaecol* 1986; 93: 1290-6.
12. *Managing the Menopause. A practical Guide to HRT.* Novo Nordisk Pharmaceutical; 1991.
13. Michnovicz JJ, Hershcopf RJ, Naganuma H, et al. Increased 2-hydroxylation of estradiol as a possible mechanism for the anti-estrogenic effect of cigarette smoking. *N Engl J Med* 1986; 315: 1305-9.

14. Nand SL, Webster MA, Baber R, et al. Bleeding pattern and endometrial changes during continuous combined hormone replacement therapy. The Ogen/Provera Study Group. *Obstet Gynecol.* 1998;91:678-84.
15. Odmark IS, Bäckström T, Jonsson B, et al. Well-being at onset of hormone replacement therapy: comparison between two continuous combined regimens. *Climacteric* 2004; 7: 92-102.
16. Padwick ML, Endacott J, Whitehead MI. Efficacy, acceptability, and metabolic effects of transdermal estradiol in the management of postmenopausal women. *Am J Obstet Gynecol* 1985; 152: 1085-91.
17. Stachenfeld NS, Keefe DL. Estrogen effects on osmotic regulation of AVP and fluid balance. *Am J Physiol Endocrinol Metab* 2002; 283: 711-21.
18. Stachenfeld NS, Taylor HS. Effects of estrogen and progesterone administration on extracellular fluid. *J Appl Physiol* 2004; 96: 1011-8.
19. Speroff L, Glass RH, Kase NG. *Clinical gynecologic endocrinology and Infertility.* 5th Ed. Baltimore: Williams & Withins 1994; 621.
20. Speroff L, Fritz MA. Menopause and the perimenopausal transition. In: *Clinical gynecologic endocrinology and infertility.* 7th ed. Philadelphia: Lippincott Williams & Wilkins Press; 2005. p.621-88.
21. Studd J. *The management of the menopause.* 3rd. ed. New York; Parthenon Publishing Press; 2003. p.115.
22. Suhonen S, Holmstrom T, Lahteenmaki P. Three-year follow-up of the use of a levonorgestrel releasing intrauterine system in hormone replacement therapy. *Acta Obstet Gynecol Scand* 1997;76: 145-50.
23. Twiddle NC. Psychological effects of different progestogens. In : *Consensus Development Conference on Progestogens. International Proceedings Journal* 1989 ; 1 : 214.
24. Udoff L, Langenberg P, Adashi EY. Combined continuous hormone replacement therapy: a critical review. *Obstet Gynecol.* 1995;86:306-16.
25. Versi S, CardoEo L. Oestrogens and lower urinary tract function. In:Studd JWW, Whitehead MI. *The Menopause.* Oxford : Blackwell Scientific Publications 1988; 76.
26. von Holst T, Lang E, Winkler U, et al. Bleeding patterns in peri and postmenopausal women taking a continuous combined regimen of estradiol with norethisterone acetate or a conventional sequential regimen of conjugated equine estrogens with medrogestone. *Maturitas.* 2002; 43: 265-75.
27. Whitehead MI, Hillard TC, Crook D. The role and use of progestogens. *Obstet Gynecol* 1990; 75: 59-76.
28. Whitehead M, Godfree V. *Hormone replacement therapy.* New York: Churchill Liv-

ingstone. 1992: 181.

29. Wollter-Svensson LO, Stadberg E, Andersson K, et al. Intrauterine administration of levonorgestrel 5 and 10 microg/24 hours in perimenopausal hormone replacement therapy. A randomized clinical study during one year. *Acta Obstet Gynecol Scand* 1997; 76: 449-54.